

Brief Resume



Name: Dr. Varsha Sharma
M.A., M.B.A., NET, SET, Ph.D. Post Doctorate

Sex: Female

DOB- 12-01-1987

Present Designation- **Assistant Professor**
Department Of Psychology,
University College Of Social Sciences & Humanities,
Mohanlal Sukhadia University, Udaipur, (Raj.)

Educational Qualification:

- **B.A., M.A. (Gold Medalist)** with major in Clinical Psychology, **Ph.D.**, MBA in Human Resource Management, **Post Doctorate** (PDF) from ICSSR, New Delhi
- Qualified- UGC-NET (**with Junior Research Fellowship & Senior Research Fellowship**) & RPSC- SET
- Qualified two online Annual Refresher Programme in Teaching (**ARPIT-2018**) entitled Refresher course in Psychology & Innovative and Best Practices in Teaching organized by SWAYAM Govt. of India.
- Qualified Faculty orientation training programme, 2020 with grade **A+** from UGC-HRDC Centre, MDS University, Ajmer, Rajasthan.
- Qualified two online refresher training programme, in advanced research methods and refresher in Psychology, 2021 with grade **A+** from Ramanujan College, University of Delhi.
- Qualified online refresher training programme, from Jawaharlal Nehru University with grade **A+** from Ramanujan college, University of Delhi.

Experience:

1. Working as **Assistant Professor**, Department Of Psychology, Mohanlal Sukhadia University from June, 2018 onwards.
2. Acting as **Project Director** for ongoing ICSSR funded research project from 2023.
3. Worked as **RESEARCH OFFICER** in Population Research Centre, Udaipur, a unit of Ministry Of Health & Family Welfare, New Delhi.
4. Completed ICSSR, New Delhi-POST DOCTORAL PROJECT entitled "A STUDY OF PSYCHOLOGICAL EFFECTS OF CYBER WEB ON ADOLESCENTS".
5. Completed Ph.D. thesis title "A Study Of Family As A Precipitator Of Psychological Wellbeing Of Adolescents" with Junior Research Fellowship and Senior Research Fellowship

6. BOOK PUBLICATION-3,

- TITLE- **Yoga and Sports** By- Dr. Ravi Kumar Sharma & Dr. Varsha Sharma, Himanshu Publication, ISBN: 978-93-94954-10-6 (**YEAR- 2022**)
- Title **Digital Diet and Young minds (2021)** ebook by Dr. VARSHA SHARMA written under ebook writing mission by MLSU. Udaipur
- TITLE- **HEALTH PSYCHOLOGY** By- Prof. V. L. Chouhan & Dr. Varsha Sharma, Himanshu Publication, ISBN: 978-81-7906-295-1 (**YEAR- 2014**)

7. Test Construction-1, Title- "**WELL-BEING INDEX**" **2016** by Prof. V. L. Chouhan and Dr. Varsha Sharma. Published by- National Psychological Corporation, Agra

8. PAPER PUBLICATION - RESEARCH PAPERS IN REFEREED JOURNALS -11, CARE LISTED-02

9. Book Chapters- 03 (01 Scopus Indexed)

10. Newspaper articles- 28

11. Paper Presentation In National International Conference/Seminars- 21

12. Participation In National/ International Seminars/Conferences/ Webinars- 45

13. Invited lectures-05

14. Acted as **unit writer** for PG self learning material of Psychology for VMOU, KOTA in 2015

15. Teaching experience as GUEST FACULTY in the Dept. of Psychology, UCSSH, MLSU in the academic Sessions 2010-11, 2011-12, 2012-13 in UG and PG classes.

16. **Supervisor** for Ph.D. from 2018. Currently Registered scholars 05

17. 'Offline se onlind hoti jindagi'. Research Article Pratush ISSN 2349-6614MAY, June, July 2021 Hindi Monthly Magazine. pg 40

18. Regular **Column writer** 'Manosamvad' for newspaper Udai Samvad.

15 **Organizing Secretary**, Organized online Webinar/ workshops-3

16. Acted as **reviewer** in National Conference on Advances in Applied Sciences and Mathematics, 24-25 Sep-2020, Dept. of Applied Sciences, CUIET, Chitkara University, Punjab for two manuscripts.

17. Acted as **examiner** at Geetanjali medical college and hospital examination 2020, as internal examiner in UG and PG at department of psychology

Honours and Awards

1)"University Gold Medal"

2)"M.K. Singhvi Award" (Gold Medal).

3)Received "Silver Medal" from Gujarat Academy of Psychology

4)Received "Maharana Fateh Singh Award" by Mewar Charitable Foundation in 2003.

5)Received "Gargi Award" by Balika Shiksha Foundation (Govt. Of Rajasthan) in 2003.

6) Tejasvini Award from Wipra Foundation for Education.

Membership of Professional Societies/Bodies

1)ACADEMY OF WELLBEING SOCIETY, UDAIPUR

PLACE- UDAIPUR

SIGNATURE
(**DR. VARSHA SHARMA**)